

VERMONT DEPARTMENT OF MENTAL HEALTH

June 22, 2007

**CERTIFICATE OF APPROVAL APPLICATION/ PROPOSAL**  
**VSH FUTURES CRISIS STABILIZATION/ INPATIENT DIVERSION**  
**BEDS**

COVER PAGE

Applicant: Lamoille County Mental Health

Project Title: Crisis Stabilization Program - CSP

Principal Contact: Jim Berry, ES, Manager & William Alexander, CEO

Address: 520 Washington Highway Morrisville  
(street) (town/city)

Vermont 05661 888-4914  
(state) (zip code) (telephone number)

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PROJECT TYPE & AMOUNT

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- ☐ Capital expenditure exceeding \$1,500,000 for construction, development, purchase or long-term lease of property or existing structure
  - ☐ Purchase of a technology, technology upgrade, other equipment or a renovation with a cost exceeding \$1,000,000
  - ☒ The offering of a health care service having a projected annual operating expense that exceeds \$500,000 for either of the next two budgeted fiscal years if the service was not offered by the health care facility within the previous three fiscal years.
- A. Proposed Capital Expenditure (Total Table 1) \$510,203.00
- B. Proposed Lease Amount (payment times term) \$18,000.00 I certify to the best of my knowledge and belief, that the information in this application is true and correct and that this application has been duly authorized by the governing body of the applicant.

CERTIFYING OFFICIAL: William Alexander, CEO  
(Name & Title)

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

## **Lamoille County Crisis Stabilization Program proposal**

07-13-07

### **Narrative:**

Our crisis bed program will be multi-purpose, providing community-based crisis outreach for treatment in the least restrictive environment. In facility, the crisis bed will provide an early crisis bed intervention as an alternative to hospitalization, a safe community-based alternative for observation and assessments, preventive crisis stabilization beds for people who are in transition and at high risk to become homeless and hospitalized, and as a transitional step-down crisis bed from a hospital back to the community. We are also applying for the DDCAT grant for dual diagnosis, and hope to use this to supplement training and resources for our crisis bed. The program will be contained within LCMH Emergency Services, but have its own manager. Our proposed staffing pattern is for 8 staff, including an RN program manager, to cover 2 beds, 24/7, and daily psychiatry consult. The population served would primarily be CRT consumers, but would also include adult outpatient and the general adult population in Lamoille County as appropriate. We would utilize existing treatment providers for each person served, and explore additional resources, such as peer supports. The proposed location is in our Copley House apartment, which will minimize building costs, and is in close proximity to Copley Hospital, ambulance, Morrisville police, and LCMH Emergency Services.